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## Media Release

## On the Couch - The Insider Series

Discover the secret how to break through in the field of international relations, while meeting professionals who succeeded, on November 11, at 2pm, at Bond University.

The Humanities and Social Sciences Faculty of Bond University invites everyone, who is interested in international relations and seeks for insider knowledge, to an interactive afternoon.

All guest speakers are Bond University International Relations Alumni who work at the Australian Defense Force Investigative Service, Red Cross, Save the Children, Department of Foreign Affairs and Trade or the Attorney-General's office.

Pooly Banks, Youth Program Coordinator for Save the Children, and the other alumni will share their experiences, answer audience questions, give advice and be available for small group conversations.

"During my time at Bond, I have learned a lot that helped me to get where I am right now in my career and I am more than happy to give something back," Banks said.

According to Banks, students should make the most of their time at Bond University and take advantage of all the resources that are available to them because they will learn more for life and their future career as they might think.

"If I am able to turn back time, I would not do anything differently, but I wish I would have had somebody to tell me some of the important things that I know now; that would have made my life much easier back then."

In 2004, Banks completed her Bachelor of International Relations and Bachelor of Arts and since then she has worked for well-known organizations in New York, Nepal and West Australia.

"I love what I do and that is one of the best feelings on earth," Banks said.

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Contact details: Christina Wieselthaler christina.wiesel@hotmail.com (04) 6832 4104